

Hearts And Flowers

Choreographed by Adrian Churm

Description: 32 count, 4 wall, beginner line dance

Music: **Hearts And Flowers** by Dave Sheriff 120 bpm Twostep

HEEL DIGS, COASTER STEP, HEEL DIGS, COASTER STEP.

1-2 Touch right heel forward twice

3&4 Step back right, step left beside right, step right forward

5-6 Touch left heel forward twice

7&8 Step back left. Step right beside left, step forward left.

RIGHT SHUFFLE, LEFT SHUFFLE, CROSS ROCK & SHUFFLE ½ TURN RIGHT

9&10 Step forward right, close left beside right, step forward right.

11&12 Step forward left, close right beside left, step forward left

13-14 Cross rock right over left, rock back onto left

Steps 15 - 18 travel towards back wall

15-16 Shuffle step ½ turn right, stepping - right, left, right.

LEFT SHUFFLE ½ TURN RIGHT, COASTER STEP, CHARLESTON STEPS.

17&18 Shuffle ½ turn right stepping - left, right, left.

19&20 Step back on right, step left beside right, step forward right.

21-22 Step forward left. Touch right toe forward.

23-24 Step right toe back, touch left toe back.

CHARLESTON STEPS, HEEL TOE TOUCHES, ¼ TURN LEFT

25-26 Step forward left, swing right foot forward, touching right toe forward

27-28 Step right toe back, touch left toe back.

29-30 Touch left heel forward, touch left toe back

31 Left foot step ¼ turn to the left

32 Right foot touch next to left foot

REPEAT