

Ice Cream Freeze

Count: 48 Wall: 0 Level: Beginner Contra

Choreographer: Maryloo (April 2012) France

Music: "Ice Cream Freeze" (Let's Chill) by Hanna Montana (vol .3 – Original Soundtrack)

Intro : 24 counts

The dancers are placed in front of each other, along two lines or in circle

HEEL TOUCHES , BEHIND, SIDE , CROSS (R.& L. SIDE)

1-2 Touch right heel to side (twice)

3&4 Step right behind left, step left to side, cross right over left

5-6 Touch left heel to side (twice)

7&8 Step left behind right, step right to side, cross left over right

TRIPLE FORWARD (R. & L.), PADDLE TURN ½ LEFT

1&2 Triple forward (right, left, right)

3&4 Triple forward (left, right, left)

5&6&7&8 Touch right to side, hitch right turn 1/8 left on left (repeat 4 X) (weight on left)

You are now on other side of line

HEEL TOUCHES , BEHIND, SIDE , CROSS (R.& L. SIDE)

1-3 Touch right heel to side (twice)

3&4 Step right behind left, step left to side, cross right over left

5-7 Touch left heel to side (twice)

7&8 Step left behind right, step right to side, cross left over right

TRIPLE FORWARD (R. & L.), MAMBO (R. &L.)

1&2 Triple forward (right, left, right)

3&4 Triple forward (left, right, left)

5&6 Rock right to side, recover on left, step right together

7&8 Rock left to side, recover on right, step left together

You are now back where you started, back to back with your partner

JUMP (TOGETHER, OUT, CROSS), UNWIND ½ TURN LEFT, WALKS FORWARDS

1&2 Jump up (feet together), jump out (feet apart), jump right across left

3-4 Unwind turn ½ left (weight ends on left)

5-8 Walks forward (right, left, right, left)

You are now face to face with your partner

JUMP (TOGETHER, OUT, CROSS), UNWIND ½ TURN, WALKS FORWARD & ½ TURN LEFT

1&2 Jump up (feet together), jump out (feet apart), jump right across left

Option :

When you make the jumps, you can

1 : Clap in your hands

& : Clap in both hands of your partner in front of you

2 : Clap in the right hand of your partner in front of you

3-4 Unwind turn ½ left (weight ends on left)

5-7 Walks forward (right, left, right,)

8 Make a ½ turn left and step left next to right

You are now in front of your partner

VARIANT :

This dance can be danced in circle; in the last section, by walking forward you move slightly towards the left to change partner