

# Kid Rock Alabama

**Choreograph:** Heidi Hlousek  
**Tanztyp:** 4 Wall Line Dance (non Phrased)  
**Level:** Beginner/Improver (fortgeschrittene Beginner)  
**Counts:** 32  
**Music:** All Summer Long by Kid Rock

## **HEEL TOUCH, TOE TOUCH, SHUFFLE FWD, HEEL TOUCH, TOE TOUCH, SHUFFLE FWD,**

1 – 2 Touch right Heel forward. Touch right Toe back.  
3 & 4 RF step forward. LF step next to RF. RF step forward  
5 - 6 Touch left Heel forward.. Touch left Toe back.  
7 & 8 LF step forward.. RF step next to LF. LF step forward.

## **ROCK, RECOVER, ½ SHUFFLE TURN R, ROCK, RECOVER, ¾ SHUFFLE TURN L**

1 - 2 Rock right forward. Recover on left.  
3 & 4 ½ Shuffle Turn right stepping R,L,R. (6:00)  
5 - 6 Rock left forward. Recover on right.  
7 & 8 ¾ Shuffle Turn left stepping L,R,L. (9.00)

## **R MAMBO CROSS, L MAMBO CROSS, R MAMBO FORWARD, L SAILOR STEP 1/4T**

1 & 2...RF Rock to side, LF Recover, RF Cross over LF.  
3 & 4 LF Rock to side, RF Recover, LF Cross over RF.  
5 & 6 RF Rock forward, LF Recover, RF step next LF.  
7 & 8 Cross LF behind RF, 1/4T left and step RF to right (face 6:00), Step LF to left

## **CROSS STEP HEEL 2x, CROSS STEP HEEL WITH a ¼ TURN Right, CROSS STEP HEEL, STEP**

1&2 Cross RF over LF, Step LF back at slight angle, Touch right heel forward  
& Step RF together  
3&4 Cross LF over RF, Step RF back left at slight angle, Touch left heel forward  
& Step LF together  
5&6 Cross RF over LF, Step LF back with ¼ Turn right at slight angle, Touch right heel forward  
(9:00)  
& Step RF together  
7&8& Cross LF over RF, Step RF back left at slight angle, Touch left Heel forward. Step left next to R.

## **There are one easy 4 count Bride: at the End of the Wall 9 (facing 9:00)**

1,2,3,4 Right Jazzbox – Cross right over left, Step back left, Step right to right, Step fwd. left.

## **and one easy 4 count Bridge: at the End of wall 10 ( facing 6.00)**

1&2 Cross RF over LF, Step LF back at slight angle, Touch right heel forward  
& Step RF together  
3&4 Cross LF over RF, Step RF back left at slight angle, Touch left heel forward

**Choreographers Note: The Rhythm of the Music do not change, the Dance flows very well also without phrasing.**

**Just Dance and Enjoy!!**